

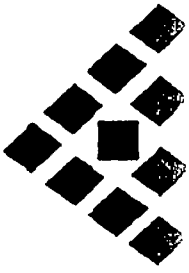
Williston High School
PO Box 1407
Williston, ND 58802

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May

May 2009

Monday	Tuesday	Wed.	Thursday	Friday	Saturday	Sun.
				1 B V Golf @ Minot Country Club-11 AM B V Baseball Home w/Jamestown-4 B JV Baseball Home w/Jamestown-4 G V Tennis @ Bismarck-4:15 PM G C Tennis Home w/Minot-12 PM G C Tennis Home w/Wolf Point-4 PM B & G V Track @ Glendive-1:30 PM	2 B & G V Track @ Glendive B V Golf Home @ Links-10 AM G V Tennis @ Century-10 AM B V Baseball Home w/St Mary's-3 B JV Baseball Home w/St Mary's-3	3
4 G C Tennis Home w/Dickinson-12 PM B 9 Baseball @ Minot-4:30 WHS Spring Band Concert-7	5 G V Tennis Home w/St Mary's-2 PM B V Baseball Home w/Minot-4 PM B JV Baseball Home w/Minot-4 PM	6	7 B 9 Track @ Minot G V Tennis @ Jamestown-4 B V Baseball Home w/Bismarck-4 PM B JV Baseball Home w/Bismarck-4 PM	8 B V Golf @ Jamestown-11 AM G C Tennis End of Year Tourney-3:30 G V Tennis @ Fargo North-4 PM B 9 Baseball @ Dickinson-5:30 PM B V Baseball Home w/Mandan-4 PM	9 G V Tennis @ Fargo North-8 AM B & G V Track @ Miles City B V Golf @ Belcourt-11 AM B V Baseball @ Bismarck-1 PM B V Baseball @ Century-3 PM	10
11 G JV Tennis @ Bismarck G JV Track @ Bismarck-2 B 9 Track @ Bismarck-2 PM B V & JV Baseball @ Dickinson-5:30 PM	12 Elk's Youth Day	13	14 G V Tennis @ Bismarck B V Golf @ Mandan-11 AM B V Baseball Home w/Century-4 PM WHS Spring Choir Concert @ 7:30 PM	15 B JV Baseball Tourney @ Minot G V WDA Tennis @ Bismarck	16 B JV Baseball Tourney @ Minot G V WDA Tennis @ Bismarck B & G V Track @ Bismarck-2 PM	17
18 B V Golf Century Invite-11	19	20	21 B V WDA Baseball @ Mandan G V State Tennis @ Minot	22 B V WDA Baseball @ Mandan B & G V State Track @ Bismarck G V State Tennis @ Minot B V WDA Golf @ Jamestown-9 AM	23 B V WDA Baseball @ Mandan B & G V State Track @ Bismarck G V State Tennis @ Minot	24
25	26	27	28 B V State Baseball @ Jamestown	29 B V State Baseball @ Jamestown	30 B V State Baseball @ Jamestown	31



The Coyote Howl

“Principal’s Page”

Perusing through the newspaper today, I found some Coyotes in the news. Mari G. was recognized for receiving a \$10,000 scholarship from AXA. Casandra K. was also in the paper as she signed her letter of intent to play for Doane College next year. Great job, ladies!

AYP

WHS MADE ADEQUATE YEARLY PROGRESS FOR 2008-2009!! Yes, the results came from the state last week. Our math scores jumped by almost 40%, English by 30% and our graduation rate increased by 8% compared to last year. I wish to personally thank the junior class for their efforts. In addition to this, the staff at WHS has done a wonderful job working within their departments to ensure that the juniors worked to their potential. Last year’s report was in last month’s newsletter. The current AYP report is on the following page.

Coaches of the Year

Williston High School has had many great coaches. This past year, there have been three of them that received coach of the year recognition. Todd Matthews received the Coach of the Year for Football, Jody Bolinske for Swimming and Joel Sikes for Speech. Congratulations to these deserving coaches!

Code of Conduct

This item was in my newsletter last year and I truly feel it is necessary this time of year. Board Policy

dictates that if any senior gets caught by the police for an offense set forth by the policy, (drinking/smoking etc.), they will not be allowed to attend any activities at WHS. The only activity that we have left is **GRADUATION!!** Please strongly encourage your daughter/son to make sound choices so close to the end of the school year.

Fees

Senior parents, please be sure to check PowerSchool so that there are no outstanding fees. Fees will have to be paid **PRIOR** to your son/daughter being allowed to pick up their cap and gown for graduation.

Professionally,

Chris Kittleson
Principal
Williston High School

CONTENTS:

Principal’s Page	Page 1
AYP Report	Page 2
Counseling News	Page 3
Dress Code Policy Fees	Page 4
Operation Graduation Music News	Page 5
Senior Class Information Newsletter Notice	Page 6
Annual Orders Dates To Remember	Page 7
EJ Hagan Aquatics Ctr. Student Council News	Page 8
A Year In Review	Page 9
Summer School Final Test Schedule Math Track	Page 10
National Honor Society FFA News	Page 11
Summer Fun	Page 12
Fine Arts Showcase	Page 13
High School Years	Page 14
High School Years Cont.	Page 15
Parent Resource Center	Page 16
Parent Resource Cont.	Page 17
Job Service	Page 18
Lunch Menu	Page 19

Annual Adequate Yearly Progress Report

North Dakota Department of Public Instruction

School Year 2008 - 2009

Williston 1

53-001-9416 Williston High School (0912)

Modified 04/12/2009
Page 5 of 6

Instructions on the interpretation of the North Dakota Adequate Yearly Progress Report can be accessed at:
<http://www.dpi.state.nd.us/testing/account/AYP0809.pdf>

<u>Reading</u>				<u>Math</u>			
2009 State Intermediate Goals	4th Grade -- 82.6%	8th Grade -- 80.7%	11th Grade -- 71.5%	2009 State Intermediate Goals	4th Grade -- 72.9%	8th Grade -- 66.7%	11th Grade -- 62.1%
Listed below are your school's scores				Listed below are your school's scores			
<u>Reading</u>	Achievement Goal	Achievement Result	Participation 95% Rule	<u>Math</u>	Achievement Goal	Achievement Result	Participation 95% Rule
Composite Score	71.50%	84.39%	97.19%	Composite Score	62.10%	75.14%	97.19%
<u>Subgroups:</u>				<u>Subgroups:</u>			
Economically disadvantaged	71.50%	81.48%	100.00%	Economically disadvantaged	62.10%	70.37%	100.00%
<u>Ethnicity:</u>				<u>Ethnicity:</u>			
White	71.50%	85.16%	99.36%	White	62.10%	78.06%	99.36%
Native American	71.50%	75.00%	100.00%	Native American	62.10%	43.75%	100.00%
Black				Black			
Asian				Asian			
Hispanic				Hispanic			
Other				Other			
Students with disabilities	71.50%	86.36%	100.00%	Students with disabilities	62.10%	77.27%	100.00%
Students with limited English proficiency				Students with limited English proficiency			
School Secondary Indicator: Graduation				Goal: 73.09% Result: 79.57%			
Adequate Yearly Progress Category:				Met Adequate Yearly Progress			

Note: An asterisk (*) marks the indicator(s) where the school did not meet adequate yearly progress. If an indicator's value is below the achievement goal but no (*) is marked, then the indicator's value is within statistical reliability. Statistics are not shown for fewer than ten students. An (I) indicates insufficient data to determine adequate yearly progress; the value results from the combining of up to three years' data.

Achievement goals are raised every three years and may vary among categories when insufficient student numbers exist and multiple-year averaging is required. All students are held to the state's challenging achievement standards.

Counseling News

Williston High School Counselors

Miss Koperski, Ms. Forthun

Mr. Lysne

May 2009

Scholarships

NCAA Clearinghouse Information

Student athletes who plan to attend an NCAA Division I or NCAA Division II college or university and who plan to participate in athletics should go to the following website for information.

www.ncaaclearinghouse.net

From the homepage, click on "General Information". That page has a link to the guide, as well as other helpful information regarding Division I and Division II eligibility rules. Students are also able to register online. At the home page, click on "Prospective Student-Athletes", and then click on "Domestic Student Release Form."

North Dakota/Minnesota Reciprocity

The North Dakota/Minnesota Reciprocity Program is a program of student exchange that has existed since 1975. The purpose of the program is to continue to improve post-secondary education opportunities for North Dakota and Minnesota residents and to achieve improved effectiveness and economy in meeting the post-secondary education needs of those residents through cooperative efforts by the two neighboring states. Online applications are available at www.nd.gov/cte/forms/reciprocity.html or in the counselors' office.

testGear

WHS has a site license for Choices and testGear purchased by Student Loans of North Dakota. testGear is an online tool that gives students the practice they need to reach their full potential on the college entrance exam ACT. This online learning system adapts to each student's needs by targeting their weaknesses and helping them to build necessary skills. Stop by the counselors' office to pick up your instructions on how to use the program. Workshops will be held this fall for students and their parents to attend in order to learn how to best utilize the program.

ND Scholars Program

This program recognizes outstanding ND High School seniors for scholastic achievement as measured by their ACT scores. Those students who are selected must enroll in a ND college or university and will be awarded an in-state tuition scholarship. To be considered, you must be scheduled to graduate from a ND High School in 2009, attend a ND college or university and take the ACT on one of the following test dates:

June 14

Information is in the counselors' office.

Awards Night/Baccalaureate/Graduation

These are very special events held to honor the graduates of the Class of 2009. We held a meeting with the graduates on April 8 and sent

home a packet of information to guide them through the weeks before graduation. Please take note to some of the information that was given to them and help us keep the prestige that accompanies these events.

****Be on time.** These events have set times for practice/line-up and start time. The times are set for a reason.

****Dress appropriately.** As faculty, we will do everything possible to make this year's graduation activities and ceremony a worthy and honorable event, filled with memories you and your graduate will treasure for a lifetime. Consequently, appropriate dress is always an issue with us. We ask that the young men wear a nice pair of slacks, nice shirt, and, if possible, a tie. Our young women are asked to wear a nice dressy outfit. We ask that all wear appropriate footwear (Please, no tennis shoes or beach wear/sandals/flip flops).

- Honor Group wears white sash and white tassel
- Graduates wear orange and black tassel
- No flowers/other decorations are to be worn on cap/gown
- No sunglasses
- No gum
- Graduates need to make arrangements to give cards, flowers and gifts to a non-graduation friend or family member before graduates move toward the gym.

Dates to Remember

- May 3 – Mother/Daughter Tea
6 PM (Invites will be mailed)
- May 4 – Father/Son Breakfast
6:40 AM (Invites will be mailed)
AP Government Test 8 AM to 12 PM
- May 6 – Senior Awards Night
7 PM in the auditorium
- May 8 – ACT Registration due for June
- May 8 – Senior Cut-off date
Honor Group Announced
Honor Group Meeting in the auditorium @ 11:30 AM
AP US History Test 8 AM to 12 PM
- May 9 – Band Day
- May 11 – Makeup Snow Day
AP Music Theory Test 8 AM to 12 PM
- May 12 – Elk's Youth Day
AP Psychology Test 12 PM to 3 PM
- May 13 – Honor Banquet
6 PM at St. Joseph's Church (O'Neill Hall)
- May 17 – Baccalaureate
7 PM at Gloria Dei Church
- May 18 – Rotary Luncheon for Honor Group
12 PM at the El Rancho
- May 21 – Graduation Practice
All seniors must attend
9:30 AM – 11:30 AM (Phil Jackson Field House)
- May 24 – Graduation
All seniors must attend
2 PM in the Phil Jackson Field House
(All seniors must be at WHS by 1 PM to line up)
- May 24 – Operation Graduation
Attendance is optional
10 PM – 4 AM
Undisclosed Location
- June 13 – ACT @ WSC 8 AM to 12 PM

***For Title VII-JOM Native
American Program Information:***

*Contact Lora Riveland at
572-5618, Extension 131
or stop by her office
at Williston Middle School, Room 212*

DRESS CODE

(at school or school sponsored events)

Students are expected to have appropriate appearance at all times. Inappropriate appearance includes, but is not limited to, the following:

1. Excessively torn or tattered clothing.
2. Clothing which is in poor taste, too revealing (this includes both shirt and skirt length), clothing containing obscene words or pictures.
3. Clothing that promotes alcohol, tobacco or bars.
4. Hooters, Co-ed Naked, Big Johnson, Playboy bunny or similar items.
5. Spaghetti straps, tank tops, shirts that expose the midriff or décolletage.
6. Colored hair or body piercing that draws attention from the learning process.
7. Chains hanging from clothing.
8. No sheer or gauze fabrics.
9. Boy's sleeveless shirts.
10. Dressing in any manner to draw offense from others and/or detract from the educational process.

Violation of the dress code will result in these actions:

First offense: Student sent to administrative office and problem is corrected.

Second offense: Student removed from school and put into in-house suspension.

Third offense: Suspension from school for three days.

Wearing of hats or caps by either girls or boys will not be allowed. Common courtesy dictates the removal of hats upon entering the building as a sign of respect.

Violation of the hat policy will result in these actions:

First offense: Surrender cap to adult requesting the cap. It will be given to administration and given back at the end of the day.

Second offense: Surrender cap to adult requesting the cap. It will be given to administration and parent will need to stop by and it will be returned.

Third offense: Cap will be confiscated for the remainder of the school year. Each subsequent violation will result in an additional cap being taken for the remainder of the year.

Attendance Policy

Dear Parents/Guardians:

Please review the WHS attendance policy either online at <http://www.williston.k12.nd.us> or in your student's planner on pages 5 & 6. We are asking that parents do their part in staying up-to-date with their student(s) attendance by checking PowerSchool on a regular basis as it's impossible for us to contact you with every absence and is sometimes impossible for us to contact you at all. Thank you!

Donna Kennedy
Attendance Secretary

Attention all Parents: All fees **MUST** be paid **BEFORE** finals or they will **NOT** be allowed to take them. This includes activity, text/library book and classroom fees. Caps and gowns will not be given out until all fees are paid. They can be paid in person at the Main Office of the High School or mailed to:

Williston High School
PO Box 1407
Williston, ND 58802

If you have any questions please call the Main Office of Williston High School at 572-0967.

**ANNOUNCEMENTS
& NEWSLETTERS**

**THE WHS DAILY ANNOUNCEMENTS
AND MONTHLY NEWSLETTERS
CAN BE VIEWED ONLINE AT:**

www.williston.k12.nd.us/whs/

Seniors/Senior Parents

Keep Operation
Graduation in Mind

Questions – Contact Kim
Egge or Jan Skadeland

Watch Channel 19 for
meeting times and updates



CELL PHONES

Cell Phone Violations:

1st Offense - The phone is kept until the end of the day, or the end of the following day; according to the preceding rule.

2nd Offense - A Parent must come and get the phone at the end of the next day.

3rd Offense - The phone will be returned at the end of the week, or after the weekend, at the end of the day.

The phone will be kept for a minimum of 3 days.

Please help us enforce our policy by refraining from texting or calling your student during school hours. Please call the office with last minute messages that could not be known before your student left for school and we will relay your message at an appropriate time.

MUSIC DEPARTMENT NEWS:

WHS/WMS Spring Band Concert
Monday, May 4
7:00pm
WHS Auditorium

Band Day Parade
Saturday, May 9
10:30am

WMS "Jazz & Pops" Choir Concert
(Vocal Jazz I & II perform)
Tuesday, May 12
7:30pm
WHS Auditorium

WHS Spring Choir Concert
Thursday, May 14
7:30pm
WHS Auditorium

Fine Arts Awards Banquet
(By Invitation Only)
Monday, May 18
6:00pm
WHS Lunchroom

WHS Graduation
Sunday, May 24
Band call time- 1:00pm

*Mr. and Mrs. Rooke have been taking pictures of music events all year. If your student would like a copy of the highlights from those events, please bring a blank CD to band or choir and they will burn those pictures for you. If you would like the pictures from band and choir, please bring 2 CD's. Thanks!

Eric Rooke
Band Director

Katie Rooke
Choir Director

Class of 2009

Motto:

We don't live for "what ifs",
if something happens,
we will deal with it then.

Taylor Nelson

Flower:

Tiger Lilly

Colors:

Orange/Black/Silver

Mid-Term & Nine Week Grading Schedule for WHS

Fourth Nine Weeks – May 22 (Mailed)

Math Department News

Submitted by Mrs. Vannatta

A select number of WHS students have recently competed in various math competitions.

Thirty WHS juniors and seniors took the American Mathematics Competition exam on February 25.

The top three finishers at WHS were:

- First: Mathias S.
- Second: Sarah W.
- Third: Sadie M.

WHS also competed at Minot State University's yearly Math Track Meet. Individual Finalists from WHS were:

Junior/Senior Level

Mathias S.
Vance N.

Freshman/Sophomore Level

Jarek W.
Marcus F.
Kristen C.
Ryan J.

SPANISH WEBSITE...

A new website is now available for all Spanish I and II students. It is <http://coyotespanish.pbwiki.com> which includes all vocabulary required for tests and quizzes, links to additional studies, learning games, cultural and travel information and several online newspapers in Spanish. The site will be updated periodically throughout the year. Come check it out!

It can also be viewed at <http://www.williston.k12.nd.us/whs/index.html> under "Departments", click on "Foreign Language"

Atomic Learning

Atomic Learning has great resources for learning how to use software programs for both PC and Macintosh computers.

Teachers, students, parents,
and community members can use it.

To use it at home, go to www.atomiclearning.com

In the login box in the upper right hand corner,
enter the following:

login: willistonps

Password: (Please get this from your school's office)

After you have logged in, click on either the "Windows Tutorials" or "Macintosh Tutorials". Then select the program and the section(s) you want to view.

NOTICE:

At the end of the 2008-2009 school year,
WHS will no longer be mailing out
the "Coyote Howl" Newsletter every
month to the families of the student body.

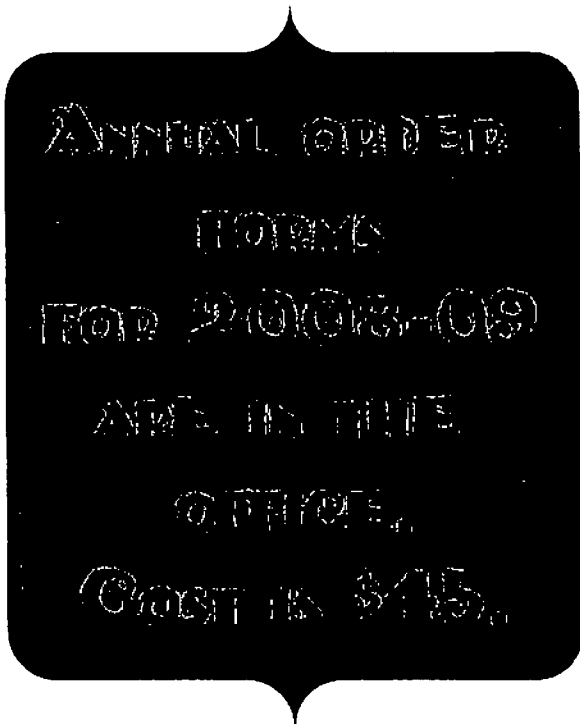
It will, however, be available online at

<http://www.williston.k12.nd.us/>

If you do not have access to the internet,
you can request a mailing by calling

Tara in the office at 572-0967,
extension 8201.

Please remember...when placing a call into WHS, please be sure to dial the number 8 first, then the extension number.



**Microsoft Student Select:
Get Microsoft Software For Less**

North Dakota EduTech, Microsoft, E-Academy, and Software House International have teamed up to provide K-12 students, staff, and parents the opportunity to purchase certain Microsoft products at deep discounts. These products include Microsoft Office 2007 Pro/Standard/Enterprise, Office 2008 for Mac, OneNote, Visio, Student 2008, Project 2007, and Windows Vista Upgrade. Each student can purchase up to one copy/license of each software title.

Example pricing: Microsoft Office 2007
Professional MSRP: \$499.99
Student Select Pricing: \$71.92

For parents/students to purchase software, they need to use their student's @sendit.nodak.edu email address. They can access Student Select through this website:
<http://edutech.nodak.e-academy.com>

Dates To Remember

- May 3 – Mother/Daughter Tea (6 PM)
Invites will be mailed
- May 4 – Father/Son Breakfast (6:40 AM)
Invites will be mailed
- May 6 – Senior Awards Night (7 PM)
- May 8 – Senior Cut Off Day
ACT Registration Due for June
Honor Group Announced
- May 9 – Band Day (10 AM)
- May 11 – Makeup Snow Day
- May 12 – Elk's Youth Day
- May 13 – Honor Banquet (6 PM)
St. Joseph's Church
O'Neill Hall
- May 17 – Baccalaureate (7 PM)
Gloria Dei Church
- May 18 – Rotary Luncheon for Honor Group
El Rancho (12 PM)
- May 21 – Graduation Practice
All seniors must attend
Phil Jackson Field House
9:30 AM - 11:30 AM
- May 22 – Last Day of School
- May 24 – Graduation
All seniors must attend
Phil Jackson Field House @ 2 PM
(All seniors must be at WHS @ 1 PM to line up)
- May 24 – Operation Graduation
Attendance is optional
10 PM – 4 AM
Undisclosed Location
- May 25 – Memorial Day (No School)
- May 26 – First Session Summer School Begins
- June 10 – First Session Summer School Ends
- June 11 – Second Session Summer School Begins
- June 13 – ACT @ WSC 8 AM to 12 PM
- June 26 – Second Session Summer School Ends

EJ Hagan Aquatics Center Hours

701-577-8401

Monday

7:00 – 8:30am Lap Swim
8:30-9:15am Middle School Class
9:30a-12:00pm Open Swim
12:00- 1:00pm Lap Swim
6:30-7:30pm Aqua Class
6:30-8:30pm Open Swim

Tuesday

7:00 – 8:30am Lap Swim
8:30-9:15am Middle School Class
9:30a-12:00pm Open Swim
12:00- 1:00pm Lap Swim
6:30 -7:30pm Aqua Class

Wednesday

7:00 – 8:30am Lap Swim
8:30-9:15am Middle School Class
9:30a-12:00pm Open Swim
12:00- 1:00pm Lap Swim
6:30-8:30pm Open Swim

Thursday

7:00 – 8:30am Lap Swim
8:30-9:15am Middle School Class
9:30a-12:00pm Open Swim
12:00- 1:00pm Lap Swim
6:30 -7:30pm Aqua Class

Friday

7:00 – 8:30am Lap Swim
8:30-9:15am Middle School Class
9:30a-12:00pm Open Swim
12:00- 1:00pm Lap Swim
6:30-8:30pm Open Swim

Saturday

1:00-4:00pm Open Swim

Sunday

Closed

****Closing for the season
June 5 at 1 PM****

WHS Student Council Spring News

WHS Student Council would like to give a very special THANKS to our sponsor, American State Bank, for helping to bring the R5 Production Assembly to Williston on Tuesday, April 28. They presented a message to the WHS and WMS students about "Making Wise Choices and Bullying". One of the speakers was Rose Flack who was an American Idol contestant in January 09. She is a seventeen year old who lost both parents when she was young and had struggled with drugs and alcohol.

In May, we will be thanking the staff for all they do for us during the year. Our next very important project is Teacher Appreciation Week. There will be activities for the staff every day of the week, May 4 to May 8.

This year, WHS Student Council will have an open membership policy. Anyone who is interested in wanting to be a LEADER should sign up in the WHS/WMS offices during the week of May 11 - May 15 or talk to Miss Olson in room 105 at WHS. Some of the activities which the WHS Student Council does during the year are Homecoming, Fundraising, Christmas Assembly, Valentine Flower Sales, Spring Fling, Motivational Speakers, and Teacher Appreciation Week as well as volunteer projects.

As another school year winds down, we would like to thank everyone who helps make WHS Student Council activities possible. We would sincerely like to thank parents, peers and community, as well as the teaching staff. Also, the Student Council presidents (Shelby B. and Molly F.) did an outstanding job of leading student members this year! Congratulations to all senior Student Council members on graduating!

Thanks,
Student Council 2008-2009
Brooke V. and Alissa G.
Student Council Secretaries

A Year in Review

Submitted by Mr. Geiermann

“Success is counted sweetest by those who ne'er succeed.” This is the opening line from one of my favorite poems by Emily Dickinson. She is talking about the fact that the people who appreciate success in life are those who have to work hard in order to make success happen. If it all comes to you easily, you never really appreciate what it is to be a success.

So the year in review so to say: When looking back on a year in school, you have to be realistic. In education you have to make do with what you are given. It would be a great thing if a teacher had nothing but students who wanted to learn all the time, to get all their assignments in on time, and to treat everyone, including themselves, with respect.

And then there is reality.

When I get to the end of the year, I always hope that I can do three things: 1.) find things I did better than the previous year; 2.) find things that I need to continue to improve next year; 3.) feel that I have made some kind of impact, no matter how slight it might be, on some of my students. If I can find things in each of these areas, then I have had a successful year.

This year has been a challenge with a huge freshman class. As will all classes, they are generally good kids. They showed me their best and their worst. We weathered a few storms and built shelters for a few who needed it.

They challenged me to find new ways to do things. They challenged me to make sure I was on top of things, working hard to keep on top of things. This was especially true when it came to the research project. That was also true when it came to knowing what was going to happen next. Students always want to know what is coming, and I worked hard to make them trust me that I would not waste their time, and that I knew what was going to happen next. I also knew that if I just told them, it would not matter much because they would probably just forget anyway. I would give myself a C, maybe a C-.

I did some things better this year, simply because I had so many students. Like every year, I will run out of time and will not cover some things as well as I would hope to cover them. I do have some good ideas for those things that I botched this year and can feel good about finally getting some things figured out as far as some of my units went. I would give myself a C+ on this.

As far as impact goes, this year was pretty normal. The telling time for this is more around the time of graduation. As they walk across the stage, I think about whether I will actually miss them, or whether I will hear from them in years to come. The other test is the smile test. Do I smile when I see them? Some will say I smile all the time, so that might not be a good test. Trust me; it is a good test. I would give myself a solid B on this, maybe a B+.

So how was your year?

“An unexamined life is not worth living.” – Plato

A BIG THANK YOU!!!

Submitted by Suzanne Eiken

The Williston High School After-Prom Parent
Planning Committee

would like to thank everyone
who helped to make the recent
After-Prom Party a huge success!

This was the 15th year that the
After-Prom Party was held.

It provided a safe, alcohol, drug, and
tobacco free environment for prom-goers and was
well attended!

WHS Summer School Begins

May 26 @ 7:30 AM

*(Sign-up sheets are in the WHS Office
or can be found online)*

Final Exam Test Schedule

All students, regardless of attendance,
are required to take one final exam.

Freshman.....Math
Sophomores.....Science
Juniors.....History
Seniors.....English

There will be no finals in
physical education, choir or band.

Students need to find out from their instructors
what finals they need to take.

Tuesday, May 19, 2009

8 AM - 10 AM.....Period 1
10 AM - 12 PM.....Period 2
12:30 PM - 2:30 PM.....Period 3

Wednesday, May 20, 2009

8 AM - 10 AM.....Period 4
10 AM - 12 PM.....Period 5
12:30 PM - 2:30 PM.....Period 6

Thursday, May 21, 2009

8 AM - 10 AM.....Period 7
10 AM - 3:45 PM.....Make-Up Tests

Friday, May 22, 2009

8 AM - 2 PM.....Make-Up Tests

Students are to remain in each class for
a minimum of 1 hour for testing.

Math Track

Submitted By: Tessa Helstad, Math Department

Congratulations to the freshman and
sophomore math track participants
and winners!!

Freshman

Ben B.
Nicole K.
Eddie M.
Mallory N.
John B.
Will R.
Lianna S.
Alexis S.
Shelby S.

Sophomores

Preston B.
Kristen C.
Marcus F.
Ryan J.
Corey L.
Brady L.
Brie M.
Aaron M.
Jarek W.

Finalists

Jarek W.
Marcus F.
Ryan J.
Kristen C.

NHS NEWS

The WHS Nation Honor Society chapter raised \$5,140 for the American Cancer Society through the sale of daffodils the week of March 23 – 28. All monies are sent directly to the American Cancer Society. This is truly a great service project for the North Dakota chapters of the National Honor Society! What a wonderful way to welcome spring!

Election of 2009-2010 officers:

President – Megan R.
Vice-President – Jacob O.
Secretary – Kaitlin B.
Treasurer – Vance N.

Congratulations to these students! They will be the backbone of our National Honor Society chapter next year. Officer installation will be May 14 at the regularly scheduled noon meeting.

Spring brings the completion of many service projects for our members. Second semester, our chapter members helped label books in all the elementary schools, provided almost 90 volunteer hours to Marketplace for Kids, cleaned city ditches, were docents at the James Memorial Library, and served church dinners--- all in addition to busy schedules with full academic loads, athletics, music and other extra-curriculars. All service hours will be completed by May 11.

May finds the chapter saying good-bye and good wishes to our awesome seniors: Mark A., Ashley B., Lindy B., Paul C., Mollie F., Mari G., Rory G., Casondra K., Seth K., Aislinn L., Jacob M., Morgan R. and Taylor T.



Williston FFA holds Annual Awards Banquet

Congratulation to the following Williston FFA members who received awards at the FFA banquet

2008-09 Officer Plaques

President- Nathan P.
Vice President-Sam J.
Secretary- Olivia O.
Treasurer- Derek O.
Reporter- Greg H.
Sentinel- Kaleb A.

Honorary Degree- Individuals who have helped the FFA throughout the year

Frontier Equipment
Lindsey's Implement
Haugen's Inc.

Top Crop Exhibitor.....Kaleb B.
Top Ag. Mechanics Exhibitor.....Nate S.
Top Salesperson.....Nathan P.
Star Greenhand.....Olivia O.
Star FFA Degree.....Derek O.
Star Agribusiness Degree.....Greg H.
Star FFA Placement Degree.....Nathan P.
District Proficiency award winners:

(advancing to state competition)

Aaron P. - Diversified Crop Production
Aaron P. - Grain Production
Aaron P. - Oil Crop Production
Aaron P. - Ag. Mechanics

Nathan P. - Home and Community Development

First and second year FFA members received their degree pins.

Many members also received plaques for the activities they participated in this past year.

Food for America

Our annual Food for America program will be on Wednesday, May 6. Area second graders will be shown how agriculture affects them every day and the importance of agriculture in their daily lives. They will attend presentations by FFA members on such topics as machinery safety, animal safety, food science, crop production, wildlife, horticulture, dairy, beef, first aid and others.

State FFA Convention

The State FFA convention will be held in Fargo, June 1-5. Members will be conducting the annual business and will elect next year's officers. They will have the opportunity to participate in things such as Ag. Mechanic Contest, Horse Judging, Floral and Nursery Judging, Band, Chorus, Small Animal Care, Food Science and others.

County and State Fair

FFA members will be exhibiting Grain samples and projects they have constructed during the school year at each of these fairs in June and July.

Officer Elections

Williston FFA officers will be elected for the 2009-10 school year during the May meeting.

SUMMER THEATRE OPPORTUNITIES...

Youth Education on Stage 25th Season

Auditions and Sign Up June 4 for:
ALL shows
ALL ages
ALL alumni
4 PM to 6 PM
Old Armory

June 23 - 25:
Summer Shorts 4: Celebration!
Grades 4 - Teens

July 8 - 10:
Broadway Musical
"A Year with Frog & Toad"
Grades 1 - 6

July 22 - 24:
25th Homecoming Reunion Show
Broadway's Best!
"CATS"!
Teens - Alumni

For information, call 577-3179

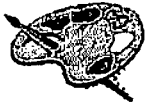
Looking Ahead to Summer...

Third Annual Chokecherry Festival Friday/Saturday August 14 & 15

**Plan now to join
the festivities in
these ways:**

- **5k Road Race**
- **Parade where
you choose
your theme
and dress
accordingly**
- **Put together
a craft,
entrepreneur
or food booth**
- **Help with
musical
entertainment**

**For information,
call the
Convention &
Visitors Bureau
at 774-9041**



Fine Arts Showcase!



*Mark your calendars for a night
of the best Fine Arts at WHS!*



Tuesday, May 19, 2009

6-8 o'clock pm

WHS Commons

*All Visual Arts students will present
their best work of the semester,
along with vocal and instrumental presentations
by Choir and Band students.*

*Come join us for an evening
of ART and MUSIC*

Hors d'oeuvres, punch and coffee will be served



High School YEARS

Working together for lifelong success

Short Clips



Graduation gifts

Help your high schooler choose budget-friendly graduation gifts for friends. She could put together photo collages of times they've shared. A student who's going to college or moving away might appreciate blank CDs, a travel mug for hot drinks, a book light, or a sewing repair kit.

Social networking for parents

More and more parents are joining social networking sites like Facebook and MySpace. Consider creating a profile on the site your teen uses. If she'll add you to her "friends" list, you will have a new way to communicate with her. Even if she doesn't, you will understand more about her online world—and you might connect with some of your old friends.

Early-bird applicants

Is your child planning on going to college this fall? Encourage him to start working on applications over the summer. Some college applications are posted online as early as July. Filling out forms and writing college essays will be easier when he's not busy with school.

Worth quoting

"You can never cross the ocean unless you have the courage to lose sight of the shore."

Christopher Columbus

Just for fun

Q: Why are there so many Smiths in the phone book?

A: They all have phones.



Busy minds

If your teen keeps her mind active during summer break, she'll find it easier to learn when she returns to school. Here are several ideas.

Start a blog

Your child can write a blog to tell friends and relatives what she's doing this summer. She'll practice writing skills, expand her vocabulary, and use critical thinking as she decides what to include. Suggest that she focus on one topic, such as her summer job or volunteer activities. Or she might write poetry or keep a "diary" for her pet—with dialogue in her dog's voice. *Tip:* Many blogging sites, such as www.blogger.com, www.livejournal.com, and <http://wordpress.com>, are free.

Enter a contest

Encourage your teen to keep an eye on the newspaper for local competitions that spark her interest. She could participate in a chess tournament, enter a photography contest, or do a craft project for a county fair. Help her prepare by going over the rules and deadlines together and discussing ideas.

Plan a trip

Ask your child to help you make plans for an outing. If you're going to an art museum, for instance, she could read a book about a featured artist. Then, during your visit, she can tell you what she has learned. Or if you're taking a trip, have her use her math skills to calculate the distance and cost of gas. She could also help you find a campground or motel and research excursions your family might enjoy. 👍



Final checklist

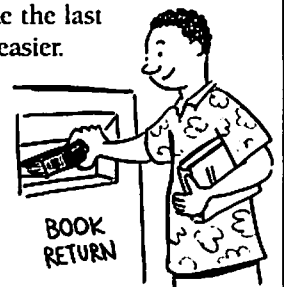
The last day of school is approaching fast. Give your child this checklist to help her take care of end-of-year details:

Take bags to empty your locker. Doing a little each day for the final week will make the last day of school easier.

Return textbooks to teachers and library books to the media center.

Wash and return sports uniforms, and turn in equipment.

Write a thank-you note to a guidance counselor who helped you or a drama teacher who stayed after rehearsal to go over your lines with you. 👍



Work lessons

A summer job can really pay off. In addition to earning money, your teen will build a work ethic and an understanding of the importance of a job well done. Share these tips with your teen for finding and keeping a job.

■ **Search thoroughly.** Many people land jobs through someone they know. Your teenager should think about his strengths and interests, and then talk to teachers, coaches, and neighbors to see if they know of any jobs. He can also check newspaper and online listings, look for help-wanted



job for future school breaks, this is a good time to ask. ☺

signs in windows, and walk into stores or restaurants to ask about openings.

■ **Work hard.** Whatever job your teen gets, remind him to take his responsibilities seriously. He can make a good impression by arriving on time. He should write his schedule on a calendar at home or put it in the scheduler on his cell phone. Also, encourage him to dive in and do what needs to be done—without waiting to be asked or told.

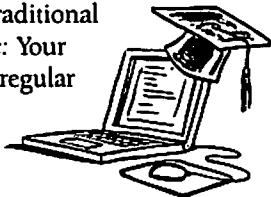
Note: If your child plans to stop work when school begins, he should give his employer at least two weeks' notice. If he'd like to keep the

College on the Web

Online classes are a good alternative for some students. These questions and answers can help your child decide if they're right for her.

1. Who can learn online?

Online learners should be self-motivated and organized. Unless the school offers video lectures, your teen must be able to learn mostly by reading. A student who learns best by listening and receiving hands-on guidance might do better in a traditional classroom. *Note:* Your child will need regular access to a computer and the Internet.



2. Why try this option?

Your child can learn on her own time. This is especially helpful if she's working. Distance learning is also one way to take classes before transferring to a four-year college. And although the classes may cost the same, she won't have transportation and room and board costs.

3. How do you find a program?

Your teen's guidance counselor can recommend schools, or she can look online at www.bestcollegesonline.com or www.clearners.com. ☺

OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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Parent to Parent Spreading rumors

One day I overheard my daughter Lily gossiping about a classmate. When I talked to her about it, she said everyone does it. I told her that didn't make it okay. I explained that gossiping and rumors are hurtful and mean.

Then, I asked Lily to put herself in her classmate's place and imagine how she would feel. She admitted that she'd be embarrassed and her feelings would be hurt. So we talked about ways she could respond the next time someone told her a rumor—for example, she might ignore the person and walk away.

The other night when Lily was talking on the phone, I heard her say, "Don't you have anything more interesting to talk about?" She told me her friend said something nasty about one of her classmates—and that refusing to discuss it made her feel good. ☺



Q & A Dating advice

Q Our son is spending a lot of time with his girlfriend. How can we make sure they're safe?

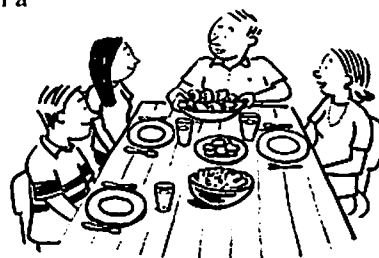
A Consider setting guidelines, such as letting him go out with his girlfriend once during the week and once on the weekend. Be sure you know where they are going, and give your son a curfew for coming home.

Help keep their dating safe by encouraging them to "group date" and to go to public places like the bowling alley or out for pizza. Suggest that they share things they like to do, such as inline skating

or playing video games. Also, have your son invite his girlfriend over when you're home—that way you can get to know her and keep an eye on them.

Finally, talk with your son about the responsibility that comes with dating, including treating each other with respect. Discuss the serious risks, such as

pregnancy and sexually transmitted diseases. Be sure to let him know he can talk to you anytime he has questions or concerns. ☺





PARENT RESOURCE CENTER

110 W Broadway Suite 202 Williston, ND 58801 774-6335

May 2009



See you at the Fair!



U R FAMILY – CONNECT :-)

Maintaining a close connection with your child (even if it means learning how to send a text message!!) keeps the lines of communication open at any age. The theme for 2009 Parenting Fair encourages families to stay connected anyway they can!

The **2009 PARENTING FAIR** will be held **Thursday, June 25 from 1 – 6 PM during the Upper Missouri Valley Fair.**

The Parent Resource Center holds this annual event along with KUMV-TV and it's co-sponsors as a **FREE** fun filled afternoon for the entire family! Booths offer children's activities, door prizes and information on a variety of services available to area families.



STAYING HOME ALONE

According to the **ND Supervision Guidelines**, "*the ultimate responsibility for the safety, care, well-being and behavior of dependent children remains with the parent, whether they are present to personally supervise them or not*".

Before making the decision to allow a child to remain home alone, parents need to consider their child's level of maturity, temperament, ability to solve problems and seek outside help, emotional comfort level when alone, ability to follow rules and use time productively without direct supervision and knowledge about and preparedness to handle emergency situations.

Parents also have to think about the length and time of day a child will be alone, how accessible they or other responsible adults will be to the child and if there are other children present or to be supervised.

NORTH DAKOTA SUPERVISION GUIDELINES

- ◆ All children under the age of 4 should be in view of their caregiver at all times while outside the home. Inside the home, the caregiver should be available and able to respond to the children to provide immediate care and protection from harm.
- ◆ Children 8 years and under should be supervised at all times with a caregiver available. An 8 year old should not be left in charge of other children.
- ◆ Children who are 9 years old should not be left unsupervised for periods greater than two hours during the daytime. A child of this age should not be unsupervised during sleeping hours. Children this age should not be responsible for younger children.
- ◆ Children who are 12 years and older may be permitted to act as babysitters. It is recommended that they complete an approved child care training course.
- ◆ Children under 15 years of age should not be left unattended overnight. Caution should be taken in leaving 15-17 year olds alone overnight. Extended absences of caregivers (such as over a weekend) are not recommended.

PARENTS FOREVER

This divorce education program is meant to help parents understand and minimize the effects divorce has on children of all ages.

Thursday, May 28, 2009

5:00-9:30 PM

Williams Co. Courthouse

The \$55.00 fee includes a meal and a parent handbook. **Pre-registration and pre-payment are required by Tuesday May 26, 2009.** To pre-register for this Williams Co. Extension Service program call 577-4590.



TODDLERS & WADDLERS

NORMAL TODDLERS WILL:

- ♥ Love to say NO! Mine! Do it myself!
- ♥ Test rules over and over to see how you react.
- ♥ Are not ready to share.
- ♥ Need lots of play and explore.
- ♥ Respond well to a routine for sleeping and eating.
- ♥ Like to imitate and "help" mom and dad.

PREVENT TANTRUMS

- ♥ Re-direct your child's attention.
- ♥ Offer choices when appropriate.
- ♥ Stick to a daily routine that balances fun and rest.
- ♥ Anticipate disappointment and be ready to offer an alternative.
- ♥ Praise your child when he or she shows self control.

HANDLE TANTRUMS

- ♥ Say what you expect from the child.
- ♥ Remain calm. You are the role model.
- ♥ Hold your child during a tantrum to make them feel more secure.
- ♥ Take them to a quiet place; speak softly.
- ♥ Try ignoring the tantrum, but pay attention to the child after he calms down.
- ♥ Resist overreacting and try to keep your sense of humor.

ALWAYS REMAIN CALM AND WAIT OUT THE TANTRUM. DO NOT LET YOUR CHILD'S BEHAVIOR CAUSE YOU TO LOSE CONTROL TOO.

Adapted from Toddler-Child Development - Administration for Children and Families Prevent Child Abuse North Dakota



ARE YOU READY TO BE A PARENT?

Sleepless nights, crying baby, increased stress. Learn an extraordinary approach to calm your baby at the HAPPIEST BABY ON THE BLOCK class. New parents will learn how to help baby sleep longer and how to soothe even the fussiest infant in minutes...or less! Offered through Mercy Medical Center's BUILDING HEALTHY FAMILIES program, this class is designed for parents and their babies from birth to 4 months of age. Cost of the class is \$20.00 (financial assistance is available) and includes a HAPPIEST BABY ON THE BLOCK DVD and Soothing Sounds CD - a \$40.00 value. *Classes will be held from 7 - 9 PM at the Upper Missouri District Health Unit-110 West Broadway. To find out dates or to register call Mercy Medical Center at 774-7449 or log on to www.mercy-williston.org.*



INFANT MASSAGE

Learning infant massage techniques benefits both babies and their parents. It begins a loving, intimate communication between parent and baby while providing a nurturing bonding experience. Infant massage helps babies sleep better, reduces gas, stimulates growth and development and decreases stress. Offered through Mercy Medical Center's BUILDING HEALTHY FAMILIES program, this class is designed for parents and their babies from birth to 1 year of age. *These classes will be held at the Upper Missouri District Health Unit-110 West Broadway. To find out dates or to register call Mercy Medical Center at 774-7449 or log on to www.mercy-williston.org*

Summer Jobs Available

Job Service is working with local businesses to create summer job opportunities for qualified individuals up through age 24.

Applications can be obtained from your local Job Service North Dakota office.

Participants must meet program eligibility requirements. Additional paperwork and assessments are required to participate. Please allow 1-2 weeks for determinations.

Call today for information and to see if you qualify.

Job Service North Dakota • Williston
800-247-0989 • 701-774-7900
TTY 800-366-6888
422 1st Avenue West, Williston, ND 58801

Job Service North Dakota is an equal opportunity employer/program provider. Auxiliary aids and services are available upon request to individuals with disabilities. JSND-6159 (R. 3-09)

**JOB
SERVICE
North Dakota** 
jobsnd.com



Williston High School Lunch Menu May-09

Monday	Tuesday	Wednesday	Thursday	Friday
				1 <u>BREAKFAST</u> Banana Bread String Cheese <u>LUNCH ENTREE'S</u> Grilled Cheese/Tomato Soup Pizza <u>SIDES</u> Peas Mixed Fruit
4	5	6	7	8
<u>BREAKFAST</u> Cheese Omelet <u>LUNCH ENTREE'S</u> Chicken Strips Sweet & Sour Chicken Stuffed Crust Pizza <u>SIDES</u> Mashed Potatoes/Gravy Peaches Pudding	<u>BREAKFAST</u> French Toast Sausage Patty <u>LUNCH ENTREE'S</u> Chili Crispito Hot Dog On A Bun Stuffed Crust Pizza <u>SIDES</u> Cottage Cheese Glazed Carrots Fresh Fruit	<u>BREAKFAST</u> Cinnamon Biscuit Hashbrown <u>LUNCH ENTREE'S</u> Taco Salad Garlic Cheese Flatbread Stuffed Crust Pizza <u>SIDES</u> Refried Beans Mandarin Oranges	<u>BREAKFAST</u> Scrambled Eggs Toast <u>LUNCH ENTREE'S</u> Chicken Fajita Corn Dog Stuffed Crust Pizza <u>SIDES</u> Pears Brownie	<u>BREAKFAST</u> Bagel Cream Cheese <u>LUNCH ENTREE'S</u> Hot Ham/Cheese Sandwich Chef Salad Stuffed Crust Pizza <u>SIDES</u> Hashbrown Stick Pineapple
11	12	13	14	15
<u>BREAKFAST</u> Breakfast Pizza <u>LUNCH ENTREE'S</u> French Toast/Sausage Links Bagel & Yogurt Stuffed Crust Pizza <u>SIDES</u> Applesauce Juice	<u>BREAKFAST</u> Waffle <u>LUNCH ENTREE'S</u> Chicken Patty On A Bun Pizza <u>SIDES</u> Toasted Green Beans Fresh Fruit Pudding	<u>BREAKFAST</u> Cheese Omelet Toast <u>LUNCH ENTREE'S</u> Chili Ham & Cheese Wrap Stuffed Crust Pizza <u>SIDES</u> Cinnamon Roll Spiced Apples	<u>BREAKFAST</u> Breakfast Wrap <u>LUNCH ENTREE'S</u> Shredded Pork Sandwich Spicy Chicken Patty Stuffed Crust Pizza <u>SIDES</u> Potato Wedges Pears	<u>BREAKFAST</u> Breakfast Chicken Sandwich <u>LUNCH ENTREE'S</u> Grilled Cheese Chili Crispito Stuffed Crust Pizza <u>SIDES</u> Chicken Noodle Soup Mandarin Oranges
18	19	20	21	22
<u>BREAKFAST</u> Pancakes Sausage <u>LUNCH ENTREE'S</u> Pizza Burrito <u>SIDES</u> Corn Peach Cup				
25	26	27	28	29
MEMORIAL DAY	SUMMER SCHOOL BEGINS 7:30 AM			